

# Our Summer Camps

## Wilderness Survival I

Discover the skills you would need to survive in a true emergency! Learn to make fire with and without matches and how to tend the fire safely. Learn knife safety, how to identify and harvest wild edible plants, and campfire cooking. Build shelters and create fun and practical items like baskets, tools or rope.

## Primitive Technology I

Craft items using your knowledge and the elements of earth, fire, water and air! Improve your safe use of knives by carving and crafting. Build your own fire, carry water, harvest wood and stone to make cooking pots, hunting tools, traps and more. Use your equipment to complete challenges and improve your skills.

## SHERLOCK! Nature Observation and Ecology

At the end of an animal's tracks is a living breathing thing! Track and study wildlife up close to learn how they communicate with each other, their environment and human beings. Test water quality for microbes, and examine the chemical compounds in medicinal plants. Learn the secret language of birds!

## Jr. Chef, Permaculture and Wild Foods

Hungry for adventure, wild foods, gardening and cooking? Venture into the forest and fields to find delicious edible plants. Cook with clay pots, hot rocks and more. Learn how to tend fires for cooking, gather and use plants and animals (optional), help with permaculture projects and carve kitchen tools.

## Awakened Heart, Friendship and Compassion

Become a better friend! Create and sustain healthy relationships, expand your self awareness and compassion for people, plants and animals. Manage boundaries and practice assertiveness in a safe atmosphere. Practice awareness, yoga, sit-spots and meditation. Enjoy games, music, dance, stories and circle activities.

## Wilderness Survival II

Learn advanced techniques to help you thrive in the wilderness! Hunt, track and move silently over challenging terrain. Get muddy and dress in natural camouflage while you gather edible and medicinal plants. Make rope, build your shelter then catch frogs and crawfish to cook over a fire made without matches.

## Primitive Technology II

Make and fire your very own bow and arrow! Pick your own projects with the freedom and guidance to create baskets, jewelry, pottery, animal traps, and more. Work as part of a team to build bridges, trebuchets, or lookout towers, Create hand tools from harvested wood and stone to help you build more creations.

## Adventures in Outdoor Leadership \* (Ages 13-14)

A leader is someone who takes care of themselves, others, their community and nature! You will walk the path of the leader. Brainstorm and create a nature based community project. Work with others to accomplish wilderness challenges. Complete rescue missions, learn orienteering skills become a guide volunteer!

## Forest Protector, Forestry and Land Stewardship

Learn from trained forestry experts to be a steward of the forest! Create low-impact trails, harvest trees, plants and animals selectively and protect them for future-generations. Track animals and see where they eat, sleep and drink. Learn knife and hatchet safety with both modern and primitive tree felling tools.

## Jedi Body, Jedi Mind

Connect mind and body to become a true jedi master! Practice awareness to get in touch with the force in and around you. Expand your senses through force vision and force listening training. Expert guides will help you explore the world of foam sword combat. Build a lightsaber, run the obstacle course and make friends.

# Camp Information

## WHAT YOU NEED TO KNOW

Each camp is offered in two age groups:

Ages 8-11

Ages 12-14

**Leadership Camp** is only offered to:

Ages 12-15

## Summer Program Dates

ADVENTURES IN OUTDOOR LEADERSHIP

June 22-26

SHERLOCK! NATURE OBSERVATION (\*4-day week)

June 29- July 3

WILDERNESS AWARENESS I

July 6- 10

PRIMITIVE TECHNOLOGY I

July 13-17

WILDERNESS AWARENESS II

July 20-24

PRIMITIVE TECHNOLOGY II

July 27-July 31

FOREST PROTECTOR \*(4-day week)

August 4-7

JR. CHEF! PERMACULTURE AND WILD FOODS

August 10-14

JEDI BODY, JEDI MIND CAMP

August 17-21

AWAKENED HEART COMPASSION CAMP

August 24-28

## To Register Please Visit

[www.cedarbrookeearlylearning.com/our-program/](http://www.cedarbrookeearlylearning.com/our-program/)

*Camp Offerings are subject to change and cancellation without notice due to low-enrollment*



## Other Programs

### Daycare to After School

There are several levels of programs to choose from:

- **Little Seedlings** (18 months - 2)  
Full time early learning
- **Forest School** (ages 3-4)  
Full time forest learning
- **Forest PreSchool** (ages 5-6)  
Full time forest preschool  
\*September 2020
- **Forest AfterSchool** (ages 6-10)  
After School forest learning

Please visit  
[www.cedarbrookeearlylearning.com](http://www.cedarbrookeearlylearning.com)  
For more information and rates



“ Cedar Brook is an AMAZING place! The staff are INCREDIBLE at what they do. At Cedar Brook they make everyone feel at home.

HIGHLY RECOMMENDED, 5 stars! ”

-Alisha Deveau  
Fredericton, NB

## Benefits OF OUR APPROACH

**1:9 Instructor to Student Ratio** offers enhanced mentoring and opportunities for staff to engage youth in individual learning.

**Coyote Mentoring** helps develop a child's curiosity and fuel habits leading to a love of learning. Staff use questions to guide youth to discover their own answers.

**An Outdoor Classroom** builds children's physical strength, resilience, and appreciation for our natural world. This develops a greater awareness and respect for the earth.

**Inclusive Community** Staff use norm setting exercises and talking circles to intentionally generate a positive and safe camp atmosphere. Helping the kids to make friends and be themselves.

## Wonder and Wander THROUGH FOREST CAMPS

**INSPIRED BY THE WILDERNESS AWARENESS MODEL** - Our trained Educators use the well respected Coyote Mentoring method, pioneered by Wilderness Awareness School co-founder Jon Young. Our educators act as mentors to youth, using the child's interests to feed their curiosity through storytelling, the art of questioning, challenges and practices that expand a child's awareness of themselves and nature.

Visit us at [www.cedarbrookearlylearning.com](http://www.cedarbrookearlylearning.com)

Or give us a call...  
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